

GCU COVID XC Invitational

1. **Location:** Freestone Park Gilbert, AZ
2. **Date:** January 23rd, 2021
3. **Expected Attendance:**
6 Teams (GCU, ASU, U of A, Colorado, UNLV, NAU) –Unattached athletes from these schools.
 - 10-15 athletes per team/per gender---(180-200 athletes total)
 - 2-4 Coaches, 2 Trainers
4. **Spectators:** Just Parents/Family must follow social distancing protocols, 6 apart wearing a mask (appx: 50-100 people)
5. **Plan for Meet:**
 - Start Times
Women's 6K: 9am
Men's 8K: 10am
 - Social Distancing. There will be 6 Different Team Camps and a Port-a-potty's for each team. Those that are not competing/running must social distance (6 feet apart) and wear a mask.
 - Finishing Shoot Masked volunteers will help guide athletes out of finishing shoot so there will not be any athletes congregating at the finish line.
6. **Health and Safety Guidelines Being Followed.**
 - COVID Testing athletes will only be allowed to compete if they have a negative PCR test 72hours prior to competition.
 - We will have 6 Team camps set up so teams have their own area and port a potty set up.
 - Anyone not competing/running must wear a mask and remain 6 feet apart from others.
7. **Course:** 2K Grass Loop. The starting line will be on the North/South soccer field and head south to the retention basin up the grass hill to the multiuse western powerline trail. The course will proceed along the trail and make a turn 200m past the baseball fields and head back along the grass parallel to the multiuse powerline trail back to the start line. The loop will be approximately 2000m.